

MAY 2010



# UCKFIELD LIONS

Serving Uckfield & District since 1969

## COMMUNITY NEWSLETTER

### Introduction and Thanks

Welcome to our spring Newsletter with details of our upcoming events. This Newsletter is all about our Lions Weekend which runs over the 5th and 6th June. Please look out for us around the town and give generously to help the local community.

The members of Uckfield Lions would like to say a huge thank you to everyone who came along and enjoyed the music of the Royal British Legion Concert Band at our Last Night of the Proms in March.

Keep looking out for our logo and supporting our events during the rest of 2010.

### Events

#### Monthly Quiz Night

**1st Tuesday every month**

Turn up at the Pig & Butcher in Five Ash Down for 8pm on the 1st Tuesday each month for our regular quiz night. Cost is £2 per head, teams of up to 6.

#### Diabetes Awareness Screening

**5th June - 9am till 1pm at Proctors Healthcare**

A drop of blood and a two minute test is all it takes to see if your blood sugar level indicates the possibility of Diabetes. Early detection can make the difference between dietary control and drug control. Pop down for your FREE test by our nurses.

#### Quiz Night

**5th June - 7.30pm at Luxford Centre, Uckfield**

Teams of 6 needed for an evening of cranial challenges. £5 per head includes half time refreshments. Call 01825 762839 to book your team.

#### Fete and Car Boot

**6th June - Luxford Field, Uckfield**

Starting at 1.30pm come along to enjoy arena displays from Spiritus, In-Step Majorettes and the 1066 Birds of Prey. There are also lots of stalls, car boots and Spiritus are running workshops throughout the afternoon. Bring the family along for a traditional Uckfield day out.

See [www.uckfield-lions.org.uk](http://www.uckfield-lions.org.uk) for more details of these events

### Who Are The Lions?

- **A local service organisation dedicated to helping the local community**
- **We raise and then donate money to local organisations to assist with community projects.**
- **We run a Mini-Bus for the use of local organisations.**
- **We organise a range of fund raising events including a sponsored walk, a fete, quiz nights, a classic car run and Santa's Sleigh.**
- **100% of monies raised used for charitable purposes.**
- **During 2009 Uckfield Lions celebrated their 40th year of service to the local community.**

### Contact Information

For details of any of the events please contact us by phone on 0845 8339841 or by email [thelions@uckfield-lions.org.uk](mailto:thelions@uckfield-lions.org.uk)

See us on the Internet - [www.uckfield-lions.org.uk](http://www.uckfield-lions.org.uk)